



EHCS Red Ribbon Week Classroom Activities 2025



Theme: "Life is a Puzzle, Solve It Drug Free"

This plan emphasizes puzzles, problem-solving, teamwork, and healthy choices. It avoids focusing heavily on the drug aspect while still connecting to the theme.

Day 1: Kickoff – "We're All a Piece of the Puzzle"

- Give each student a blank puzzle piece (template provided).
- Students decorate with drawings/words representing themselves.
- Assemble into a class puzzle bulletin board.

Focus: Everyone is unique but fits into the bigger picture.

Day 2: Puzzle Challenge Day

- Small groups solve puzzles: jigsaw, riddles, word searches, or logic puzzles.
- Each group shares strategies with the class.

Focus: Teamwork and problem-solving skills.

Day 3: Kindness Puzzle Hunt

- Hide puzzle pieces with acts of kindness written on them (e.g., 'Compliment a classmate').
- Students find and assemble puzzle pieces together.

Focus: Building a positive and supportive classroom community.

Day 4: Healthy Choices = Solving Life's Puzzle

- Sorting activity: Puzzle pieces labeled with 'Healthy Habits' vs. 'Unhealthy Habits.'
- Students brainstorm additional healthy choices.

Focus: Making decisions that help you live your best life.

Day 5: Class Puzzle Celebration

- Work together on a large jigsaw puzzle (or a custom puzzle with a motivational image/quote).
- Option: Write personal goals on the back of puzzle pieces.

Focus: Unity, perseverance, and celebrating achievements.